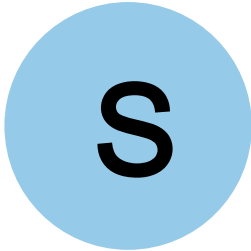


SMART GOALS PLANNER

NAME : _____

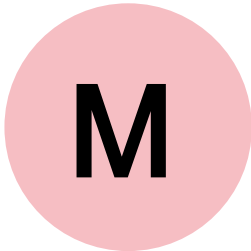
DATE: _____

Identify a goal that is specific, measurable, achievable, relevant, and time-bound (SMART). Break it into actionable steps, each with its own deadline.



Specific

What exactly do you want to achieve?



Measurable

How will you measure your progress?



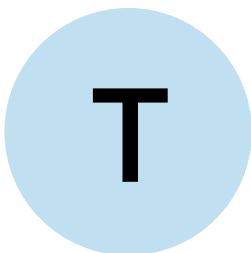
Achievable

Is this goal realistic and attainable?



Relevant

Why is this goal relevant to your broader objectives?



Time-bound

What is the deadline for achieving this goal?
